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A very passionate and young girl, Suhana always dreamt of the sky and stayed on the ground. Well natured and mature, she was the heart-throb of all boys in her class but she looked at none. An aspiring engineer, she was specialising in Biochemistry. After her education, Suhana decided to work for a year and then marry. Days went by and she was soon married to Rithik, the only son of a well-to-do family orthodox family. Rithik was poles apart from his family members mentality. A very forward and broad minded human, working in TechPark, was very much in love with his wife. Suhana was always a responsible wife but couldn't love him recollecting her childhood trauma where she was scared of boys older her age assaulting her. She fell for him the day, Rithvik decided to adopt a child after knowing her medical condition where she can't bear a child. This is considered to be a very serious offense in a society where a woman is scaled by her dress and ability to give a child. Life seemed miserable to Suhana. Listening to daily taunts and wicked words from her in-laws, her only support was her husband. When they adopted their baby girl Sitara, she felt that all her misconceptions about men was wrong. There are people who understand that infertility is not a choice but a destiny some are fated to. Adoption is one among the good deeds that benefits both the child and a family. There isn't something called superstition in this aspect. A life is the greatest gift of nature and giving it meaning is the purest form of human deed towards humanity.

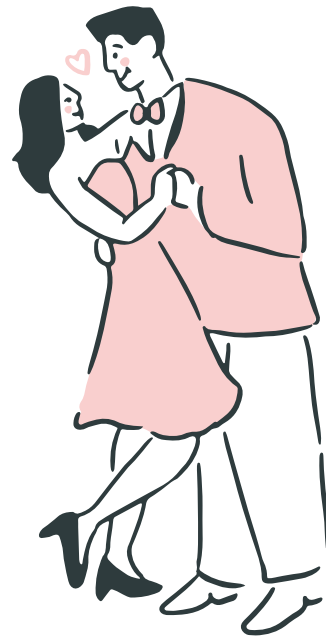


Moral : When you wave a smile at a life, a thousand smiles are reflected on you

-Sriharshini

Is it okay to wait?

With SidMalhotra ruling our hearts as Capt.Vikram Batra, his lady love Kiara gives us couple goals. A widely talked about love story that ended much shortly than expected, it gave some serious points to discuss. Dimple's decision to stay single forever was justified, but is it how we must do it as well after a breakup? Life after breakup leaves us in a tangle, messed up with mixed emotions and feelings. But ironically, it's the same phase that makes us introspect ourselves one more time a lot deeper, clearing all the misconceptions of love and relationships we previously had. It's never easy to choose the way, either to wait or move on. Situations like these give us a chance to rectify all our past mistakes. No one can give a clear cut solution until someone has gone through it personally. The sigma rule to follow after a breakup is simple : if both love and pain are mutual, there's a chance for Wait! Else, one sided scales never give the perfect result.



When things occur before our eyes wide and clear, it's foolishness to stay by the side of conscience and feelings. They are guilt-free, happy and enjoying life, then darling what's the point in you wasting your life waiting for the dead plant to bloom again? Try your hand in career or hobbies instead! Success isn't only marriage, it's also some dollars and BMW and good food. If they had turned back, your wait would have bore fruit. Not everyone is true as Vikram. Be a Dimple for the Vikram who deserves it, not to any opportunists who are just concerned about their own happiness. Love isn't complicated, the ones who do are!

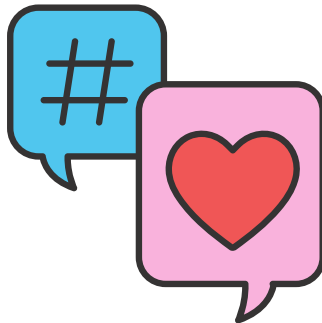
-Sriharshini

Social Media Validation

We all are somehow or the other addicted to social media . It may be facebook , Instagram even WhatsApp too.

But are we actually addicted to such platforms or are we tricked to it because of the crowd mindset. Mostly its about the social validation which we seek from others .

For instance think how about how many times you check your WhatsApp status after uploading says it all.



Most of the social platforms earn money only if you stay in the app or their website. So to make sure that you are spending lot of time in the platform these companies introduced the features like ,share, who viewed feature etc.

Two core things which helps these companies to attract their users are seeking attention and social validation.

Since we are been the scapegoats for both knowingly we and our valuable time is distracted and wasted often.

Does it mean we shouldn't use these platforms nope instead make sure it doesn't kill your time

**Know about your
Child's Mental Health**

Mental Health is also referred to as psychological well-being. Psychological well-being is very important to maintain both physical and physiological well-being. And taking care of the mental health of an individual starts from the birth itself. And the mental health in childhood plays an important role in shaping the personality of an individual. Children are more prone to traumas, shocks and even a small undesirable experience will have a huge impact on children even in their adulthood and middle age. Nature and Nurture plays an important role in the growth and development of a child, both mentally and physically. With food, water and shelter, even the love, affection and importance given by the parents or the people around is most important. The parents' behavior and thinking impacts the child to a greater extent. Because the primary exposure for a child about all the feelings, thinking and activities is, "the parents". They learn every aspects of life from them. Children observe every single thing what the adults or elders do. And verbal, non-verbal and physical communication have a greater impact on their life. So, it is important to make the child feel loved, cared, protected and guided by others. They should not be judged or punished to a greater extent. The child learns to adapt, socialize and develop skills in the childhood itself. We should understand that every child is unique and different. So, comparing them with other kids is of no use. It just creates a negative impact on the child's mental health. So, it is important to take care of a child's mental health.



-Chethana R Acharya

Movie Review

Circle

Circle is a psychological thriller movie that shows how people have two faces and manipulate others to trust them. It is also based on 'survival of the fittest', where the fittest is not related to physical strength.

Introduction

Movie's name - Circle

Genre - Horror/thriller

Language - English

Available on - Netflix

Directed by - Aaron Hann, Mario Miscione

Released on - 28 May 2015



Main theme of the movie :

The movie is based on testing the values of humanity. It has been shown in such a way that aliens have made an attempt in studying humanity through a life-death experience. Even Though the whole movie takes place in a single dark circle place, it is very much interesting and worth watching.

Plot:

The movie begins with a set of 50 strangers waking up in a strange, dark, circular place. The strangers are of various age groups ranging from elders to a kid. There are a set of old-age people, cancer survivor, cop, married ones, teenagers, pregnant women and a little kid. For each 2 minutes, one random person gets automatically killed among them and their dead body is removed automatically. People are also killed if they try to walk or move from the circle they are standing on. If they do so, a laser beam appears followed by a sound and they are killed. They are totally puzzled and are not able to interpret what is happening. As the same cycle goes on, one person figures out that by giving hand gestures, you can vote for whomever you want. At the end, the person who gets the highest vote is eliminated and killed. One member said that they need to buy time to interpret how to escape. Therefore, they decide to vote for all the old-age people for the next few minutes.

Simultaneously, they talk about what was the last thing they remembered before getting here and what their dark side is. As each person gets eliminated, the remaining people split into two groups. One group suggests killing the pregnant women and the kid justifying that everyone's life is equal and they should not be given extra consideration. The other group suggests scarifying themselves and allowing the pregnant women and kid to choose who lives at the end by themselves.

As we reach the end, there is an unexpected twist. The person who survived is freed back to the world. That person sees numerous alien ships in the sky and understands that this was faced by a large population. The secrecy of how to get to live among the 50 people is the greatest twist.

Conclusion:

Thus there is a mixture of manipulations, psychological tricks and a lot more in the movie. How we determine that we are better and deserve to live than others is clearly illustrated in the movie.

-Keethai

Contributors



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